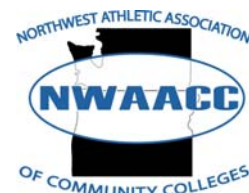


2006 NWAACC Volleyball All-Region Teams



EASTERN REGION

Coach of the Year: Kelly Ketcham, Blue Mountain

Most Valuable Player: Megan Weitz, So, Columbia Basin

First Team			Second Team		
Lizzie Law	So	Columbia Basin	Ashlee Lupfer	Fr	Spokane
Rachel Moore	Fr	Blue Mountain	Danielle Porter	Fr	Walla Walla
Jennifer Muzzall	Fr	Walla Walla	Carly Ross	Fr	Columbia Basin
Sarah Rusch	So	Walla Walla	Sareena Simpson	So	Treasure Valley
Brandy Sonderland	Fr	Spokane	Amy Small	So	Walla Walla
			Katrina Stice	So	Treasure Valley

NORTHERN REGION

Most Valuable Player: Francis Farani, So, Skagit Valley

First Team			Second Team		
Kristin DeHaan	So	Whatcom	Nicole Ljutic	Fr	Bellevue
Margory Benavente	Fr	Shoreline	Kristy White	So	Whatcom
Kaitlyn Senn	So	Bellevue	Jamilee Kempton	Fr	Shoreline
Dani Barrett	Fr	Whatcom	Ashley Janz	Fr	Skagit Valley
Nicole Andrews	So	Bellevue	Kayla Paredes	So	Olympic
Rachel Hills	Fr	Skagit Valley	Caitlin Swift	Fr	Olympic

SOUTHERN REGION

Coach of the Year: Lena Chan (Mt. Hood)

Most Valuable Player: Jamie Richards, So, Mt Hood

First Team			Second Team		
Cady Coates	So	Linn-Benton	Darci Williamson	So	Linn-Benton
Beth Perkins	Fr	Mt Hood	Malia Kamahoahoa	Fr	Clackamas
Rhea Wortman	So	Clackamas	Desiree Fuhmann	So	Chemeketa
Brittney Belshe	So	Mt Hood	Kim Carter	Fr	Mt Hood
Heather Gerke	So	Clackamas	Shalene Christy	Fr	SW Oregon
Tracie Knowlton	So	Chemeketa	Shannon Miller	Fr	Umpqua

WESTERN REGION

Co-Coaches of the Year

Kyle Densley, Green River & Angela Spoja, Tacoma

Most Valuable Player: Trish Mowatt, Fr, Green River

First Team			Second Team		
Mercedes Fernandez	Fr	Highline	Kristi Alcorn	Fr	Pierce
Rachel Guild	So	Green River	Hiroimi Imaizumi	Fr	Tacoma
Lindsay Hovee	Fr	Highline	Gwen Leituala	Fr	Green River
Kanoe Kalalau	So	Pierce	Rachel Rahn	So	Lower Columbia
Eki Punimata	Fr	Tacoma	Jazmine Silafau	Fr	Pierce
Leilani Ramsey	Fr	Tacoma	Sarah Womack	So	Lower Columbia